



College Counseling Newsletter

HOLLAND HALL

Winter 2009

Holland Hall Code: 373-615

Table of Contents

2009 Deans' Night...	Pg. 1
Class Corners...	Pg. 2
Summer Programs...	Pg. 3
Junior Seminar...	Pg. 4
2009 National Merit Commended Scholars...	Pg. 5
Counseling Calendar	Pg.5

Dr. Mark Desjardins
Headmaster

Dennis Calkins
Head of Upper School

Kathleen Housh
Director of College Counseling & Registrar

Brent Casey
College Counselor

Ronda Cooper
Newsletter Editor & College Counselor

Laura Vance
College Counseling Assistant

Holland Hall
College Counseling
5666 East 81st Street
Tulsa, Oklahoma 74137-2099
Phone: (918) 481-1111
Fax: (918) 879-4772



2009 DEANS' NIGHT

DAVIDSON COLLEGE

Davidson, NC
Undergrad: 1,674
Freshman Class: 465
Mid-Range SAT CR: 630-730
Mid-Range SAT M: 640-710
ACT Composite: 28-32
Acceptance Rate: 28%
Retained as sophomores: 96%
Approximate annual cost: \$45,725*
www.davidson.edu

PRINCETON UNIVERSITY

Princeton, NJ
Undergrad: 4,918
Grad: 2,416
Freshman Class: 1,242
Mid-Range SAT CR: 690-790
Mid-Range SAT M: 700-790
ACT Composite: 30-34
Acceptance Rate: 10%
Retained as sophomores: 97%
Approximate annual cost: \$49,850*
www.princeton.edu

THE UNIVERSITY OF KANSAS

Lawrence, KS
Undergrad: 20,298
Grad: 5,321
Freshman Class: 4,084
ACT Composite: 22-27
Acceptance Rate: 92%
Retained as sophomores: 81%
Approximate annual cost: \$30,313*
www.ku.edu

Annual costs include tuition, fees, room/board, books, personal and some travel as stated on the College Board Website.

What do Lisa Pinamonti Kress, Christopher Gruber and Janet Rapelye have in common? They are the people responsible for bringing their college or university an interesting, well-rounded, and academically-able freshman class every year. Given the differences, however, in size, location and mission among The University of Kansas, Davidson College and Princeton University one might have thought the answer to that question is "not much"

Not so! Not only do these distinguished deans head admissions departments of schools where Holland Hall students have been and are now currently enrolled, they also will be this year's special guests on Monday, February 23, 2009 at Deans' Night in the Holliman Gallery of the Walters Arts Center. Another common thread will be the expert advice they bring to our parents regarding the college selection and admission process. Our deans will shed some light on recent trends in Early Action and Early Decision plans, on testing and on admissions in the future. It is also a wonderful opportunity for Holland Hall to showcase our fantastic students, our great programs and our facilities. Our guests always leave with a much better picture of the academic, artistic and athletic accomplishments of our students.

We hope parents will consider joining us at 7:30 p.m. in the Holliman Gallery. We will even have dessert after our deans answer your questions.

— Ms. Kathleen Housh
Director of College Counseling & Registrar

Class Corners -

College Prep Is Not Just For Seniors

It's never too early to think about the college process. Read your list and get started.

FRESHMEN CORNER

- Watch the Power Point, "First Semester Is Behind You" sent to your home email in January
- Choose classes wisely - make grades your **PRIORITY** - a **MINIMUM** 3.0 GPA allows more choices - most scholarships require a minimum 3.5 GPA
- **READ!** It increases vocabulary and knowledge
- Volunteer, many colleges appreciate the experience
- Consider a part-time summer job - work experience demonstrates discipline
- Organize, start a résumé list, it is easy to forget your activities. Keep track of the date, location, and number of hours
- Listen for future leadership opportunities announced in morning meeting
- Send parents to Deans' Night February 23, 2009
- Attend College Affaire, March 2, 2009, at Cascia Hall
- Ask what will set you apart from the masses when you apply to colleges?

SOPHOMORE CORNER

- Take the practice PSAT in October, review scores with your parents - try Quickstart@collegeboard.com
- Keep your grades up
- Remember a minimum 3.0 GPA allows more choices
- SET GOALS! Where do you want to be next year? How are your grades? Are you involved? Will you have the GPA needed for admission?
- Volunteer, everyone will benefit,

always update your résumé

- Visit colleges when you travel, they love prospective students, make an appointment, plan ahead, take your transcript and a HH profile
- Attend the college representatives' meetings on our campus if you have a free mod
- Listen for future leadership opportunities announced in morning meeting
- Lead your peers, do not just be in the club, find a meaningful club and be an officer, show potential
- Consider taking SAT subject tests at the end of biology and the third year of foreign language
- Send parents to Deans' Night February 23, 2009
- Attend College Affaire, March 2, 2009, at Cascia Hall
- **READ!** Some colleges ask what you have read for pleasure and consider your choices as a part of the admission decision
- Find a summer job, it shows discipline, time management, motivation
- Ask what makes you unique

JUNIOR CORNER

- Visit the College Counseling resource room
- Review PSAT scores - try Quickstart@collegeboard.com
- Attend the college representatives' meetings on our campus when you have a free mod or with a signed permission slip from your teacher
- Attend JUNIOR seminar, take the information seriously, it will help when you prepare college apps, write essays, complete a résumé, etc
- Listen for leadership & future scholarship opportunities announced in

morning meeting

- Register and take an SAT and an ACT in February or April of junior year. (It is suggested that you complete or be near completion of Algebra II at test time)
- Take an ACT or SAT prep course if needed to improve your test score
- Complete the Junior Parent Questionnaire after Junior Parent's night. This information is helpful throughout the college process
- RESEARCH colleges of interest, Visit Collegeboard at collegeboard.com or Naviance at naviance.com or The Princeton Review at princetonreview.com
- Take AP Exams in May and SAT II Subject Tests when appropriate - many competitive schools require subject tests and have early deadlines senior year - do not procrastinate
- Keep reading!
- Send parents to Deans' Night February 23, 2009
- Attend College Affaire, March 2, 2009 at Cascia Hall
- Register with NCAA clearinghouse in June if you plan to play college sports
- Prepare for summer, talk to your parents about scheduling college visits; fall is busy
- If you are an artist, musician or stage performer, design your portfolio and make a list of fall audition deadlines
- Update your résumé, be ready for a fast paced senior year, the first big deadline approaches quickly
- Narrow your college list

2009 Summer Enrichment Programs for High School Students

Thinking about attending college early? Want to add a service project to your resume? Did you know that the college counseling office has a file of summer programs? Below you will find a few examples that you may want to research online or come in and search the files. This listing is for informational purposes only; it is not an endorsement by Holland Hall or the College Counseling Office. We are simply sharing the information we receive. Enjoy!

Service/Cultural Immersion/Adventure

Visions Service Adventures:

Broadreach :

AcademicTreks:

Student Leaders in Service, Birmingham-Southern College:

Dance/Theater/Music/Art

The Boston Conservatory:

California College of the Arts:

Carnegie Mellon (academics/architecture/fine arts)

Snow Farm High School Summer in Art:

www.VisionsServiceAdventures.com

www.gobroadreach.com

www.academictreks.com

www.bsc.edu/futurestudents

www.bostonconservatory.edu/summerdance

www.cca.edu/precollege

www.cmu.edu/enrollment/pre-college

www.snowfarm.org

Career

Career Explorations, Summer Internships (NY/Boston)

www.ceinternships.com

Academic/Political

Boston University:

www.bu.edu/summer/high-school-programs/summer-challenge/ (mini session)

www.bu.edu/summer/high-school-programs/honors/

Carnegie Mellon (academics/architecture/fine arts)

www.cmu.edu/enrollment/pre-college

Choate Rosemary Hall Summer Programs

www.choate.edu/summerprograms

Columbia University

www.ce.columbia.edu/highschool

Oxford Advanced Studies Program:

www.oasp.ac.uk

St. Andrews (creative writing & Scottish Studies)

www.st-andrews.ac.uk/

[creativewritingsummerprogramme](http://www.st-andrews.ac.uk/creativewritingsummerprogramme)

www.st-andrews.ac.uk/

[scottishstudiessummerprogramme](http://www.st-andrews.ac.uk/scottishstudiessummerprogramme)

<http://sei.sewanee.edu/summer/precollege>

Sewanee: Pre-College Field Studies

www.summer.stanford.edu

Stanford:

www.schoolofpublicservice.org

St. Albans School of Public Service:

Summer Institute for the Gifted is offered at Amherst,

Bryn Mawr College, Emory, UC Berkley, UCLA, UT Austin,

Vassar and Princeton.

www.giftedstudy.com

Tulsa University-Tulsa Undergraduate Research Challenge*:

www.utulsa.edu/turc/ See Mr. Carey @ HH for additional information or to apply.

University of Oklahoma:

(Model United Nations/Gifted Variety)

<http://youth.ou.edu/model-nations.html>

http://youth.ou.edu/gifted_talented.html

<https://pave.vanderbilt.edu/ayindex.php>

<http://admissions.usma.edu/moreInfo/summer.cfm>

Vanderbilt: (engineering, premed, science/technology)

U. S. Military Academy*

<http://www.usna.edu/Admissions/nass.htm>

<http://academyadmissions.com/admissions/summerseminar/>

United States Navel Academy*

U. S. Air Force Academy*

<http://www.cga.edu/display.aspx?id=2942>

U.S. Coast Guard Academy*

* High School Juniors only

Athletes – if you have a strong interest in a college or university, attending their summer sports camp is a good way to get your skills in front of the coaches. Check out your sport on the college website.

THE IN'S AND OUT'S OF GETTING IN: JUNIOR SEMINAR

Do I want to submit the Common Application or the university's application? What is the difference between Early Decision and Early Action? How do I put my best foot forward when visiting with college representatives or in that college interview? How will my transcript and letters of recommendation be sent if I apply online? These and many other questions about the process of selecting, applying to and getting in college are the subject of Junior Seminar. For those who are not familiar with this wonderfully informative second semester class for juniors, the following syllabus will give you an idea. As part of the course requirements, students will complete a pre-search questionnaire, draft a practice essay, build a résumé, and complete a Common Application

A Day: Mods 7 & 8

B Day: Mods 9 & 10

C Day: Mods 3 & 4

Cycle 1: January 5,6,7

Introduction and History of the College Admission Process
The importance of the College Preferences Questionnaire

Housh, Casey & Cooper



Cycle 2: January 13,14,15

College Admissions Testing
The facts about ACT, SAT I & II
Homework Assignment: Turn in an ACT or SAT Proof of Registration Ticket

Housh

Cycle 3: January 22,23,26

Admissions Definitions and Electronic Search Tools - Bring your laptop!
Early Decision, Early Action, Regular and Rolling Admissions, the College Counseling website, internet resources and electronic scholarship searches

Cooper

Cycle 4: January 30 & February 2,3

Writing the College Essay
On tips, topics and techniques
Homework Assignment: Choose 1 question from the Common Application and write the essay

Housh



Cycle 5: February 9,10,11

The Common Application - Bring your laptop!
Introduction to the online application
Homework Assignment: Complete a practice Common Application

Casey

Cycle 6: February 19,20,23

FREE WEEK!
Assignment: YOU and your parents attend Deans' Night, Monday, February 23.

Cycle 7: February 27 & March 2,3

Selection Variables and Resume Construction - Bring your laptop!
Homework Assignment: Construct and complete your high school resume

Cooper



Cycle 8: March 9,10,11

College Fairs, Campus Visits and Interviews
The purpose and goal of college fairs, how to get the most out of a campus visit and acing the admissions interview
Optional Homework Assignment: Mock Interview with Mr. Casey

Casey



Cycle 9

Spring Break

Cycle 10: March 24,25,26

Financial Aid for College
The facts about merit awards and need based financial aid
Homework Assignment: Attend The College Affaire at Cascia Hall - Saturday, March 29, 1-3pm.

Housh

Cycle 11: April 1,6,7

Case Studies and the Life of a College Application

Casey & Cooper

Cycle 12: April 14,15,16

Case Studies and the Life of a College Application Continued

Casey & Cooper



Cycle 13: April 22,23,24

Round Table Discussions
Q & A and Discussing the Senior Timeline

Casey

Cycle 14: April 30 & May 4,5

Essay Review and Final Draft - Bring your laptop!

Cycle 15: May 11,12,13

TBA



Calendar of Events

PLAN Test

Saturday, February 7, 8:00 a.m. (pre-registration required)

Thank you to the 25 sophomores who registered and will take advantage of this new opportunity. The College Counselors will administer the PLAN test at HH. The PLAN test is designed as a practice ACT test normed for sophomores; it includes an interest survey and will act as a predictor of future ACT scores. We think this is a wonderful opportunity for your student to have a "risk free" practice for future ACT testing and plan to make this an annual event.

Deans' Night

Monday, February 23, 7:30 p.m.

Each year, Holland Hall hosts three distinguished Deans of Admission from colleges throughout the country. Our guests discuss important topics and trends related to college admissions. All parents of seventh through twelfth grade students are invited.

Location: Holliman Gallery

Spring Break College Tour

Visit eight Boston area colleges and universities. Open to all Juniors Sophomores may be able to attend depending on availability of spaces. Hurry! \$250 deposit due by December 1. Cost: \$1,735. For information call (918) 481-1111, ext. 718.

Freshman & Sophomore Parent College Chat

Sunday, April 19, 4:00 p.m.

Parents of Freshmen and Sophomores are invited to a casual conversation with the college counseling team regarding the college search and application process.

Location: SMT Commons

College Affaire

Saturday, May 2, 1:30 - 3:30 p.m.

The annual spring college fair with over 90 colleges and universities represented. Area Freshmen, Sophomores and Juniors are invited.

Location: Cascia Hall, Gymnasium

Baccalaureate

Tuesday, May 26, 5:00 p.m.

Location: St. John's Episcopal Church

Commencement

Wednesday, May 27, 7:00 p.m.

Location: Branch Theatre, Walter Arts Center

Congratulations to our 2009 National Merit Commended Scholars



Congratulations to our 2009 National Merit Commended Scholars Laura Crockett, Sam Denham, Brad Jessee, David Lucas, Jeff Mosley, Luke Sweeney & Elliott Rambach (not pictured studying in Italy)

SAT REASONING TEST AND SAT SUBJECT TESTS:

REGISTRATION DEADLINES AND TEST DATES

Test Date	Registration Deadline	Late Registration Deadline
March 14, 2009 - SAT Only, No Subjects	February 10, 2009	February 24, 2009
May 2, 2009	March 31, 2009	April 9, 2009
June 6, 2009	May 5, 2009	May 15, 2009

ACT: REGISTRATION DEADLINES AND TEST DATES

Test Date	Registration Deadline	Late Registration Deadline
February 7, 2009	January 6, 2009	January 7-16, 2009
April 4, 2009	February 27, 2009	February 28- March 15, 2009
June 13, 2009	May 8, 2009	May 9-22, 2009

Students may register online for the SAT by visiting: www.collegeboard.com and for the ACT by visiting: www.act.org.

Test Dates are also available on the College Counseling page on the Holland Hall Web site.

